



Afternoon Care Menu

Our afternoon care learners receive lunch at 12h00 daily. This is our quarterly lunch menu:

1. Thin sausage with sweet potato and butternut.
 2. Chicken drummies with mash and baby carrots.
 3. Spaghetti Bolognese with a bread roll.
 4. Filled pancakes with tuna and cheese.
 5. Beef goulash with rice, mixed vegetables and cheese sauce.
 6. Corn Dog with fruit sticks.
 7. Chicken pie with mash and pumpkin fritters.
 8. Filled potato with bacon, mushroom and cheese sauce.
 9. Macaroni and cheese.
 10. Chicken wrap with cheese, pineapple and chips.
 11. Chicken à la King with rice and spinach tarts.
 12. Vegetable/Beef bredie with mash.
 13. Meatballs, corn tarts and broccoli with cheese sauce.
 14. Lasagne with a bread roll.
 15. Baked fish with potato hash browns and cocktail tomatoes.
- + 250 ml juice/variety daily